

# SANGARA RESTAURANT

## MENU

### BREAKFAST

Tsh 25,000

#### Fresh Fruits

Choice of pineapples, pawpaw, watermelon, orange, banana, mangoes

#### Fresh Juice

Choice of orange, pineapple, watermelon, avocado, mango

**Eggs of your choice to be ordered with beef sausage or beef bacon or baked beans or mushroom or fresh fried tomato and hash brown.**

**Pastries, Pancake or Chapati or Bread toast**

#### Porridge

White oats or rice

### SALADS

#### Greek Salad

12,000

Served with iceberg lettuce, tomatoes, cucumber, red onions, bell pepper, olives, feta cheese in vinaigrette dressing

#### Steak Salad

15,000

Served with Beef, tomatoes, Lettuce, Green Peas, Green Olives, Onions, Bell pepper in vinaigrette dressing

#### Garden Salad

12,000

Avocado, Carrots, Cucumber, onions, Tomatoes and Cabbage in vinaigrette dressing

#### Beetroot, Carrot and Orange Salad

12,000

Beetroot, Carrots, Orange, Onions in mustard vinaigrette dressing

#### 3 Bean Salad

12,000

Kidney beans, White beans, Green Beans with a dash of dressing

#### Grilled Chicken Salad

15,000

Chicken, Onion, Tomatoes, Carrots, Cabbage and Bell Pepper in mustard vinaigrette dressing

### SOUPS

#### Lentil Soup

12,000

#### Pumpkin Soup

12,000

#### Mixed Vegetable Soup

12,000

#### Tomato Soup

12,000

#### Onion Soup

12,000

#### Leeks and Potato

15,000

#### Chicken Clear Soup

15,000

#### Chicken Clear & Sweetcorn Soup

15,000

#### Cream of Mushroom Soup

15,000

(All soups are served with freshly baked bread rolls)

### STARTERS

#### Deep fried Lake Tanganyika Dagaa

12,000

Served with a slice of lemon

#### Bruschetta with Tomato and fresh basil

12,000

Toasted slice of bread topped with tomatoes, cheese and spices

#### Parmesan fish finger with salad

15,000

Deep fried coated fish fingers mixed with salad

#### Cheese Garlic Bread

12,000

Toasted slice of bread topped with spiced garlic and cheese

### KIDS

#### Pizza

15,000

Mini Margherita Pizza

#### Fish Fingers

15,000

Fish fingers with French fries

#### Chickens Nuggets

15,000

Chicken Nuggets with French fries

#### Kiddies Burger

15,000

Mini Beef or Chicken burger with French fries

#### Chicken Drumsticks

10,000

Portion of 2 drumsticks served with French fries

### SMOOTHIES

#### Banana Colada

15,000

Banana, Pineapple and Orange

#### Tropical Sunset

15,000

Strawberry, orange and banana with yoghurt

#### Green Goddess

15,000

Pineapple, orange, spinach and fresh mint

#### Milkshake

15,000

Chocolate, Banana, Vanilla, Avocado, Strawberry, Hazelnut

### MAIN COURSE

#### Lamb Curry

30,000

Served with chapati or rice or Ugali

#### Fish Curry

40,000

Served with chapati or rice or Ugali

#### Chicken Curry

30,000

Served with rice or chapatti or Ugali

#### Vegetables Curry

30,000

Served with, rice or atta chapatti or Ugali

#### Beef Curry

30,000

Served with, rice or atta chapatti or Ugali

#### Beef Pilau

30,000

Beef, Green Peas, Potatoes, Onions, Mixed Spices

#### Chicken Pilau

30,000

Chicken, Green Peas, Potatoes, Onions, Mixed Spices

#### Vegetable Pilau

30,000

Carrots, Green Peas, Potatoes, Green Beans, Onions, Mixed Spices

#### Grilled T-Bone Steak

60,000

Served with chips, potato wedges or mashed potatoes and BBQ sauce

#### Pan-fried Rib Eye

40,000

Served with rice, mashed potatoes or chips and BBQ sauce

#### Grilled Pepper Steak

35,000

Served with mashed potatoes or chips and pepper sauce

#### Grilled Chicken

40,000

Served with rice, chips, vegetables, and mushroom sauce

#### Chicken Schnitzel

30,000

Served with creamy mustard sauce, chips or mash potatoes

#### Chicken Pasta

30,000

Served with creamy leeks and lemon sauce

#### Grilled Organic Chicken

40,000

Served with mushroom sauce, rice or chips and vegetables

### Lake Tanganyika Fish

#### Deep Fried Yellow Belly Fillet (Kuhe)

40,000

Served with chips or mashed potatoes and tartar sauce

#### Pan-Fried Yellow Belly Fillet (Kuhe)

40,000

Served with chips or mashed potatoes and lemon and butter sauce

#### Oven Baked Yellow Belly Fillet (Kuhe)

40,000

Served with chips or mashed potatoes or rice and lemon and tartar sauce

#### Pan-Fried Mugebuka

20,000

Served with chips or mashed potatoes or rice or ugali and lemon and butter sauce

#### Oven Baked Mugebuka

20,000

Served with chips or mashed potatoes or rice and lemon and tartar sauce

#### Deep Fried Mugebuka

20,000

Served with chips or mashed potatoes and tartar sauce



## LIGHT MEALS

<b>Chips Mayai</b> <i>Tanzanian Classic</i>	15,000
<b>Masala Chips</b> <i>Indian Classic</i>	15,000
<b>Beef Cheeseburger</b> <i>Served with French fries</i>	25,000
<b>Chicken Cheeseburger</b> <i>Served with French fries</i>	25,000
<b>Chicken Wings</b> <i>Deep fried chicken wings served with Chips and BBQ sauce</i>	20,000
<b>Tuna and Mayonnaise Sandwich</b> <i>Served with chips</i>	15,000
<b>Cheese and Tomato Sandwich</b> <i>Served with chips</i>	15,000
<b>Vegetable Sandwich</b> <i>Carrots, Cucumber, Onion and Sweet Corn</i>	15,000
<b>Choma Sausage Hot Dog</b> <i>Served with chips</i>	15,000
<b>Boerewors Rolls</b> <i>Served with chips</i>	15,000
<b>Grilled Aubergine</b> <i>Served with chickpeas sauce, rice</i>	15,000
<b>Spaghetti Bolognaise</b> <i>Ground beef simmered with ground beef sauce served over spaghetti</i>	25,000
<b>Macaroni &amp; Cheese</b> <i>Macaroni topped with cheese sauce</i>	25,000
<b>Sausage with Pea or Beans and Chips/Mash Potatoes</b>	25,000
<b>Stuffed green pepper</b> <i>Stuffed with rice or vegetables</i>	25,000
<b>Vegetable Stir Fry with Spaghetti</b> <i>(Seasonal vegetables mixed with spaghetti)</i>	25,000
<b>Cheese with Spaghetti</b> <i>Green pepper, Cheese and Onions</i>	25,000
<b>Chicken Wrap</b> <i>Served with French fries</i>	25,000
<b>Beef Wrap</b> <i>Served with French fries</i>	25,000
<b>Beef Samosa</b>	10,000
<b>Vegetable Wrap</b> <i>Served with French fries</i>	25,000
<b>Vegetarian Burger</b> <i>Served with French fries</i>	25,000
<b>Vegetable Samosa</b>	10,000

## SIDES

<b>Plain Chips</b>	5,000
<b>Chapati</b>	3,000
<b>Plain Rice</b>	3,000
<b>Fried Cassava</b>	3,000
<b>Plain Ugali</b>	3,000
<b>Potato Wedges</b>	5,000

## PIZZAS

<b>Chicken Fiesta</b> <i>Grilled Chicken, Onion, Capsicum, Oregano and Mozzarella cheese</i>	30,000
<b>Margherita</b> <i>Classic Tomato and Mozzarella cheese</i>	25,000
<b>BBQ Beef</b> <i>BBQ Sauce, Beef, Onion, Capsicum, Oregano and Mozzarella cheese</i>	30,000
<b>Farm-house</b> <i>A pizza loaded with veggies! Mouth-watering overload of Bell Pepper, Mushroom, Olives, Tomatoes, Onions, and extra cheese</i>	25,000
<b>Tropical Veggie</b> <i>Sweet Chilli Sauce, Pineapple, Bell Pepper and Onions</i>	25,000

## MOCKTAILS

<b>Virgin Mojito</b>	10,000
<b>Passion Mojito</b>	10,000
<b>Watermelon Mojito</b>	10,000
<b>Mint with Lemonade</b>	10,000

## BEVERAGES

<b>Fresh Juice</b> <i>Watermelon, Pineapple, Tropical Mix, Passion, Avocado, Mango, Coconut (Seasonal)</i>	5,000
<b>Coffee with Milk</b>	4,000
<b>Black Coffee</b>	4,000
<b>Espresso Coffee</b>	5,000
<b>Cappuccino</b>	5,000
<b>Hot Milk</b>	5,000
<b>Hot Chocolate</b>	5,000
<b>Masala Tea</b>	4,000
<b>Black Tea</b>	3,000
<b>Ginger Tea</b>	3,000
<b>Lemon Tea</b>	3,000
<b>Soft Drink</b> <i>(Coke, Fanta, Sprite, Ginger Ale, Bitter Lemon, Soda Water, Tonic)</i>	2,000
<b>Mineral water 600mls</b>	1,000
<b>Mineral Water 1.5 litre</b>	2,000

## DESSERTS

<b>Banana Pancake</b> <i>Served with ice cream and chocolate sauce</i>	15,000
<b>Fruit Salad with ice cream</b> <i>Mixed seasonal fruits topped with ice cream</i>	15,000
<b>Ice Cream and Chocolate sauce</b> <i>Vanilla ice cream served with chocolate sauce</i>	12,000
<b>Chocolate Mousse</b>	15,000
<b>Plain Ice Cream</b> <i>Vanilla, Chocolate, Strawberry, Hazel nut</i>	12,000



**KIGOMA**  
hilltop hotel

