

# SANGARA RESTAURANT

## MENU

### BREAKFAST

Tsh 25,000

#### Fresh Fruits

Choice of pineapples, pawpaw, watermelon, orange, banana, mangoes

#### Fresh Juice

Choice of orange, pineapple, watermelon, avocado, mango

**Eggs of your choice to be ordered with beef sausage or beef bacon or baked beans or mushroom or fresh fried tomato and hash brown.**

**Pastries, Pancake or Chapati or Bread toast**

#### Porridge

White oats or rice

### SALADS

#### Greek Salad

12,000

Served with iceberg lettuce, tomatoes, cucumber, red onions, bell pepper, olives, feta cheese in vinaigrette dressing

#### Steak Salad

15,000

Served with Beef, tomatoes, Lettuce, Green Peas, Green Olives, Onions, Bell pepper in vinaigrette dressing

#### Garden Salad

12,000

Avocado, Carrots, Cucumber, onions, Tomatoes and Cabbage in vinaigrette dressing

#### Beetroot, Carrot and Orange Salad

12,000

Beetroot, Carrots, Orange, Onions in mustard vinaigrette dressing

#### 3 Bean Salad

12,000

Kidney beans, White beans, Green Beans with a dash of dressing

#### Grilled Chicken Salad

15,000

Chicken, Onion, Tomatoes, Carrots, Cabbage and Bell Pepper in mustard vinaigrette dressing

### SOUPS

#### Lentil Soup

12,000

#### Pumpkin Soup

12,000

#### Mixed Vegetable Soup

12,000

#### Tomato Soup

12,000

#### Onion Soup

12,000

#### Leeks and Potato

15,000

#### Chicken Clear Soup

15,000

#### Chicken Clear & Sweetcorn Soup

15,000

#### Cream of Mushroom Soup

15,000

(All soups are served with freshly baked bread rolls)

### STARTERS

#### Deep fried Lake Tanganyika Dagaa

12,000

Served with a slice of lemon

#### Bruschetta with Tomato and fresh basil

12,000

Toasted slice of bread topped with tomatoes, cheese and spices

#### Parmesan fish finger with salad

15,000

Deep fried coated fish fingers mixed with salad

#### Cheese Garlic Bread

12,000

Toasted slice of bread topped with spiced garlic and cheese

### KIDS

#### Pizza

15,000

Mini Margherita Pizza

#### Fish Fingers

15,000

Fish fingers with French fries

#### Chickens Nuggets

15,000

Chicken Nuggets with French fries

#### Kiddies Burger

15,000

Mini Beef or Chicken burger with French fries

#### Chicken Drumsticks

10,000

Portion of 2 drumsticks served with French fries

### SMOOTHIES

#### Banana Colada

15,000

Banana, Pineapple and Orange

#### Tropical Sunset

15,000

Strawberry, orange and banana with yoghurt

#### Green Goddess

15,000

Pineapple, orange, spinach and fresh mint

#### Milkshake

15,000

Chocolate, Banana, Vanilla, Avocado, Strawberry, Hazelnut

### MAIN COURSE

#### Lamb Curry

30,000

Served with chapati or rice or Ugali

#### Fish Curry

30,000

Served with chapati or rice or Ugali

#### Chicken Curry

30,000

Served with rice or chapati or Ugali

#### Vegetables Curry

30,000

Served with, rice or atta chapatti or Ugali

#### Beef Curry

30,000

Served with, rice or atta chapatti or Ugali

#### Beef Pilau

30,000

Beef, Green Peas, Potatoes, Onions, Mixed Spices

#### Chicken Pilau

30,000

Chicken, Green Peas, Potatoes, Onions, Mixed Spices

#### Vegetable Pilau

30,000

Carrots, Green Peas, Potatoes, Green Beans, Onions, Mixed Spices

#### Grilled T-Bone Steak

60,000

Served with chips, potato wedges or mashed potatoes and BBQ sauce

#### Pan-fried Rib Eye

40,000

Served with rice, mashed potatoes or chips and BBQ sauce

#### Grilled Pepper Steak

35,000

Served with mashed potatoes or chips and pepper sauce

#### Grilled Chicken

40,000

Served with rice, chips, vegetables, and mushroom sauce

#### Chicken Schnitzel

30,000

Served with creamy mustard sauce, chips or mash potatoes

#### Chicken Pasta

30,000

Served with creamy leeks and lemon sauce

#### Grilled Organic Chicken

40,000

Served with mushroom sauce, rice or chips and vegetables

### Lake Tanganyika Fish

#### Deep Fried Yellow Belly Fillet (Kuhe)

30,000

Served with chips or mashed potatoes and tartar sauce

#### Pan-Fried Yellow Belly Fillet (Kuhe)

30,000

Served with chips or mashed potatoes and lemon and butter sauce

#### Oven Baked Yellow Belly Fillet (Kuhe)

30,000

Served with chips or mashed potatoes or rice and lemon and tartar sauce

#### Pan-Fried Mugebuka

20,000

Served with chips or mashed potatoes or rice or ugali and lemon and butter sauce

#### Oven Baked Mugebuka

20,000

Served with chips or mashed potatoes or rice and lemon and tartar sauce

#### Deep Fried Mugebuka

20,000

Served with chips or mashed potatoes and tartar sauce

## LIGHT MEALS

Chips Mayai <i>Tanzanian Classic</i>	15,000
Masala Chips <i>Indian Classic</i>	15,000
Beef Cheeseburger <i>Served with French fries</i>	25,000
Chicken Cheeseburger <i>Served with French fries</i>	25,000
Chicken Wings <i>Deep fried chicken wings served with Chips and BBQ sauce</i>	20,000
Tuna and Mayonnaise Sandwich <i>Served with chips</i>	15,000
Cheese and Tomato Sandwich <i>Served with chips</i>	15,000
Vegetable Sandwich <i>Carrots, Cucumber, Onion and Sweet Corn</i>	15,000
Choma Sausage Hot Dog <i>Served with chips</i>	15,000
Boerewors Rolls <i>Served with chips</i>	15,000
Grilled Aubergine <i>Served with chickpeas sauce, rice</i>	15,000
Spaghetti Bolognaise <i>Ground beef simmered with ground beef sauce served over spaghetti</i>	25,000
Macaroni & Cheese <i>Macaroni topped with cheese sauce</i>	25,000
Sausage with Pea or Beans and Chips/Mash Potatoes	25,000
Stuffed green pepper <i>Stuffed with rice or vegetables</i>	25,000
Vegetable Stir Fry with Spaghetti <i>(Seasonal vegetables mixed with spaghetti)</i>	25,000
Cheese with Spaghetti <i>Green pepper, Cheese and Onions</i>	25,000
Chicken Wrap <i>Served with French fries</i>	25,000
Beef Wrap <i>Served with French fries</i>	25,000
Beef Samosa	10,000
Vegetable Wrap <i>Served with French fries</i>	25,000
Vegetarian Burger <i>Served with French fries</i>	25,000
Vegetable Samosa	10,000

## SIDES

Plain Chips	5,000
Chapati	3,000
Plain Rice	3,000
Fried Cassava	3,000
Plain Ugali	3,000
Potato Wedges	5,000

## PIZZAS

Chicken Fiesta <i>Grilled Chicken, Onion, Capsicum, Oregano and Mozzarella cheese</i>	30,000
Margherita <i>Classic Tomato and Mozzarella cheese</i>	25,000
BBQ Beef <i>BBQ Sauce, Beef, Onion, Capsicum, Oregano and Mozzarella cheese</i>	30,000
Farm-house <i>A pizza loaded with veggies! Mouth-watering overload of Bell Pepper, Mushroom, Olives, Tomatoes, Onions, and extra cheese</i>	25,000
Tropical Veggie <i>Sweet Chilli Sauce, Pineapple, Bell Pepper and Onions</i>	25,000

## MOCKTAILS

Virgin Mojito	10,000
Passion Mojito	10,000
Watermelon Mojito	10,000
Mint with Lemonade	10,000

## BEVERAGES

Fresh Juice <i>Watermelon, Pineapple, Tropical Mix, Passion, Avocado, Mango, Coconut (Seasonal)</i>	5,000
Coffee with Milk	4,000
Black Coffee	4,000
Espresso Coffee	5,000
Cappuccino	5,000
Hot Milk	5,000
Hot Chocolate	5,000
Masala Tea	4,000
Black Tea	3,000
Ginger Tea	3,000
Lemon Tea	3,000
Soft Drink <i>(Coke, Fanta, Sprite, Ginger Ale, Bitter Lemon, Soda Water, Tonic)</i>	2,000
Mineral water 600mls	1,000
Mineral Water 1.5 litre	2,000

## DESSERTS

Banana Pancake <i>Served with ice cream and chocolate sauce</i>	15,000
Fruit Salad with ice cream <i>Mixed seasonal fruits topped with ice cream</i>	15,000
Ice Cream and Chocolate sauce <i>Vanilla ice cream served with chocolate sauce</i>	12,000
Chocolate Mousse	15,000
Plain Ice Cream <i>Vanilla, Chocolate, Strawberry, Hazel nut</i>	12,000



**KIGOMA**  
hilltop hotel

